

Certificate 3 - Riding Skills

Studen	t's Name		
Horse's	Name		
Ridi	ng using the stick - no halter and lead	Pass	Comments
R3.1	Using the stick under your thumbs. Canter your horse for three circles to the right, stop and go sideways to the centre of the circle. Canter depart and ride three circles to the left. Stop and go sideways to the centre of the circle, canter depart and ride three circles to the right, then stop and backup 10 steps.		
R3.2	Ride around, through and over obstacles, up and down ditches and between trees at the walk, trot and canter using the stick under your thumbs.		
Ridi	ng with the Bridle and Soft Feel		
R3.3	Using a direct rein only, ask your horse to turn his forequarters a full circle to the left and then to the right.		
R3.4	Using a support rein only, ask your horse to turn his forequarters a full circle to the left and then right.		
R3.5	Back your horse five steps, half turn of the forequarters and canter depart in a straight line in the opposite direction. Repeat three more times.		
R3.6	Canter your horse for two circles to the left, stop and backup and canter depart to the right for two circles. Repeat to the left and stop and backup 10 steps.		
R3.7	Canter a figure of eight four times showing a simple change through the walk with no trot steps, through the middle of the circle.		
R3.8	Ride your horse for four circles and using one rein and partial disengagement ask for soft feel and hold for a full circle. Show at the walk trot and canter, do 2 circles of each. Repeat for both directions.		
R3.9	Ride three circles to the right at the walk with soft feel, one showing long and low, one extension, one elevation.		



Certificate 3 - Riding Skills

Page 2

Student'	s Name		
Horse's	Name		
R3.10	Canter four circles to the left. Alternate from a freestyle rein for the first circle then soft feel for the second and repeat for the next two circles. Repeat to the right.	Pass	Comments
R3.11	Trot a circle to the right showing soft feel and halfway through the circle ask for two strides sideways out of the circle, then continue the circle. Repeat four times and also to the left.		
R3.12	Trot a straight line with soft feel, then ask for six strides to the left, then straight for ten strides, then six strides to the right, then straight for ten strides. Stop and backup.		
Instructo	or's Signature Da	ate	

For more information please contact Australian Natural Horsemanship Study Centre Email: courses@australiannaturalhorsemanship.com