



Certificate 1 - Riding Skills

Student's Name

Horse's Name

Rein Positions using a halter and one rein		Pass	Comments
R1.1	Place the saddle cloth and saddle on your horse from both sides. Safely girth your horse, and circle the horse at the trot as often as necessary. Safely mount your horse from both sides.	<input type="checkbox"/>
R1.2	Ask your horse to give lateral flexion both left and right. Rub his eye both sides.	<input type="checkbox"/>
R1.3	Show an indirect rein and move your horse's hindquarters one full circle left and right. Begin and finish with lateral flexion.	<input type="checkbox"/>
R1.4	Show a direct rein and move your horse's forequarters one full circle left and right. Begin and finish with a slight lateral flexion in the direction of the turn.	<input type="checkbox"/>
R1.5	Show a support rein and move your horse's forequarters one full circle left and right with your horse's nose tipped in the direction of the turn.	<input type="checkbox"/>
R1.6	Walk forward six steps, stop and backup six steps.	<input type="checkbox"/>
R1.7	Trot three circles to the right then three to the left with the rein still on the right. Rise and sit on the correct diagonal. Then show to the other direction with the rein on the other side, stop and back up. Also include two partial disengagement transitions to walk and back up to trot. Stay on the track in partial disengagement, do not turn the horse into the circle.	<input type="checkbox"/>
R1.8	Canter three circles to the left, stop and back up. Repeat to other side.	<input type="checkbox"/>
R1.9	Back between two obstacles four feet apart.	<input type="checkbox"/>

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Riding with the halter, one rein and a stick

- R1.10 Ride your horse over to an obstacle and pick up the stick while on your horses back. Rub your horse all over with the stick.
- R1.11 Wave the stick around your horses body while mounted.
- R1.12 Ask your horse for a direct rein using the stick to push the turn.
- R1.13 Ask your horse for an indirect rein using the stick to support the nose.
- R1.14 Ride a figure eight at the walk or trot then stop and backup.
- R1.15 Ride your horse at the walk using the stick as a bat and tap a ball along the ground in a small circle to the left and right.

Riding with the halter and two reins (soft feel)

- R1.16 Ask your horse to go sideways for 4 meters both left and right.
- R1.17 Canter your horse three circles to the right. Stop, go sideways to the centre then canter your horse three circles to the left. Stop, go sideways to the centre then canter your horse three circles to the left. Stop, go sideways to the centre and stop.
- R1.18 Trot your horse in three circles to the left and jump a jump at least 1 ft high in each circle. Change direction and repeat to the right.
- R1.19 Trot forward 20 meters, stop and backup 10 steps. Repeat three times.

Instructor's Signature **Date**