



Certificate 1 - Ground Skills

Student's Name

Horse's Name

| | | Pass | Comments |
|---|--|--------------------------|----------|
| Desensitization | | | |
| G1.1 | Rub your horse all over his body with your hand and then with the stick. Show how well your horse is desensitized to : <ul style="list-style-type: none"> • Plastic bag on stick • Ropes around legs, over back, over head, dragging alongside • Something noisy eg container with stones • Raincoats etc | <input type="checkbox"/> | |
| G1.2 | Put the halter on with the horses head turned towards you and lower than the horses wither. | <input type="checkbox"/> | |
| G1.3 | Pick up your horses feet using the lead rope. Make sure your horses head is turned towards you. | <input type="checkbox"/> | |
| G1.4 | Lower your horses head to below your knees, turned slightly towards you. | <input type="checkbox"/> | |
| G1.5 | Stand at your horses shoulder and throw the belly of the rope over the horses head and back again three times. Repeat for both sides. | <input type="checkbox"/> | |
| Yielding from pressure using your hand or stick | | | |
| G1.6 | Stand in front of your horse facing him. Ask him to take four steps backwards from the nose. | <input type="checkbox"/> | |
| G1.7 | Stand beside your horse at his hip. Ask him to move his hindquarters across three steps. Repeat for both sides. | <input type="checkbox"/> | |
| G1.8 | Stand beside your horse at his eye. Ask him to move his forequarters three steps. Repeat for both sides. | <input type="checkbox"/> | |
| G1.9 | Move your horse sideways three or four steps each way | <input type="checkbox"/> | |
| Yielding from a suggestion using your hand only (No Stick) | | | |
| G1.10 | Stand in front of your horse facing him. Ask him to take four steps backwards. | <input type="checkbox"/> | |
| G1.11 | Stand beside your horse at his hip. Ask him to move his hindquarters across three steps. Repeat for both sides. | <input type="checkbox"/> | |
| G1.12 | Stand beside your horse at his eye. Ask him to move his forequarters three steps. Repeat for both sides. | <input type="checkbox"/> | |

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Following the feel of the lead - staying inside the halter

- G1.13 Stand in front of your horse facing him. Be at least four feet away and using the lead, ask your horse to move his nearside foot laterally one step. Repeat for the offside. ☐
- G1.14 Starting in front of the horse, hold the lead two feet away from the clip and ask your horse to circle you at the trot while you rest the stick on his back. Repeat for both sides. ☐
- G1.15 Stand in front of your horse and hold the clip of the lead. Using the stick ask your horse to move sideways around you in a circle. Make sure your horse does not walk forward by using rhythmic pressure on the halter. ☐
- G1.16 Stand in front of your horse facing him about three foot down the lead and using rhythmic pressure, ask your horse to back away from you for four steps. ☐
- G1.17 Stand beside your horse at his shoulder and walk along a fence-line for twenty feet with your horse between you and the fence. Repeat for both sides. ☐
- G1.18 Show how you can position your horse alongside the fence and ask him to follow a feel through the gap, yield the hind quarters and line up parallel to the fence again. Repeat for both directions. ☐
- G1.19 Show how you can position your horse and ☐
 - Back him over a pole
 - Between two poles six feet apart
 - Between two drums six feet apart
- G1.20 Stand beside the tailgate of the float and ask your horse to load, from the left and then the right. ☐

Instructor's Signature Date

For more information please contact Australian Natural Horsemanship Study Centre

Email: courses@australiannaturalhorsemanship.com